

## **Need of Career Guidance and Counselling Among the Students**

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### **I. Introduction:**

Every individual has the opportunity to attend and finish high schools, to go to college and pursue graduate studies and to enter medicine, civil service, business etc. And yet there is a problem of choice of career. But today, there is so much of competition and the type of subjects and career are so varied and multiple that the young students are confused in choosing them with these opportunities and problems, the Psychology of our students is changing daily. Understanding the biological, Psychological, Sociological and Philosophical nature of the students gets a need to focus on the problems and attempt to find solutions to them through the methods of guidance and counselling. Schools should not only be concerned with the development of intellectual skills to the neglect of everything else. The affective domain of education which counselling and guidance may emphasis is also equally important as the cognitive domain. Any attempt at the utilization of the various resources without the methods of guidance and counselling may not profit as much. We should therefore make an effort to institutionalize guidance and counselling using cognitive as well as affective approaches.

### **II. Statement Of The Problem:**

Need of career guidance and counselling among the students.

### **III. Objectives Of The Study:**

The objectives of the present study are:

- 1) To determine the extent of career guidance and counselling awareness among the students.
- 2) To study the difference in career guidance and counselling awareness between boys and girls.
- 3) To study the knowledge of students concerning their future career options.
- 4) To study if school and home create positive environment for all round development of the students.

### **IV. Hypotheses:**

The hypotheses of the study may be given as:-

- 1) To extend of career guidance and counselling among the students is significant.
- 2) There exist significant difference in career guidance and counselling awareness between boys and girls.
- 3) Students need much knowledge about their future career options.
- 4) The school and home create positive environment for all around development of the students.

### **V. Methodology:**

The present study employed Descriptive method of investigation and makes use of both primary and secondary data. Historical records, data, journals, books and questionnaire have been put to use in the study. Personal discussions were carried out with resource persons and inputs were gathered from persons with considerable experience in the field.

### **VI. Sample:**

For the present study, the investigator has randomly selected 200 students who are studying in Class X from five (5) Catholic Mission Schools of Manipur (Little Flower School, Nirmalabas High School, St. Joseph High School, Christ Jyoti High School, DonBosco High School).

### **VII. Tools:**

The investigator has been developing Questionnaire to collect related information. It contains questions which seek to answer either YES/ NO giving weightage from 0 to 1 or 1 to 0 for YES/ NO response accordingly.

Simple mean percentage is used to analyze and interpret the data.

### **VIII. Results And Discussion:**

The result of the study clearly highlighted that majority of the students expressed they need someone besides their parents, teachers and recommend guidance and counselling in their schools and wish to seek help from the counselor in order to overcome their period of dilemma. Most of the boys want to be Engineers and Army Officers but most girls want to be doctors, lecturers and civil servants. About quarter of the students are not confident and at the sametime worried about their future and long for competent people to guide them in their career. More than half of the students discuss their school activities at home and receive support from their parents simultaneously. One-fifth of the students are not sure how to achieve their aim. Of course, they have chosen what they will do in their life. But, they do not get the required support from their families. There could be many problems. It would be financial problem, relationship problem or academic difficulties. Young people often find it difficult in solving these problems. What is more disturbing to them is they find it difficult to share them even with their own parents and teachers.

They need someone to listen to them and intelligently spell out their problems or challenges that are confronting them. These students look forward to persons who can intelligently understand their problem and difficulties whether it be in their study habits or academic career or personal problems of life. It is here that introducing guidance and counselling in the high schools will greatly help the students in achieving the height of their potentials. However, counselors need to be trained and qualified to deal with student who are in unique phase of life and each of them having a unique temperament and history.

### **IX. Conclusion:**

Education is one of the most important instruments of change and progress. It demands a special kind of alertness to create a judicious mix of what is needed today and what will meet the needs of tomorrow. The choice of career is one of the most crucial decisions. Choosing of a career requires meticulous thought, care and planning. Career guidance and counselling are adjustmental in the sense that they help the student in making the best possible adjustment to the current situations in the educational institution and occupational world, in the home and the community. Professionals and individual aid is given in making immediate and suitable adjustment at problem points by helping the students to achieve self-development and self-realization.

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